



A Season for Non-Violence, Oakland

Day 9
February 7, 2004

Beloved Peacekeepers,
AHHHH - How good it is to dream.....Martin Luther King Jr had a dream...."I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident: that all men are created equal." I have a dream that one day...." yes, one day.....(fill in the blank)

Today's Principle, Today's Practice - **Dreaming**

We've all heard Martin Luther King, Jr's speech.....we all know his dream for humanity -- what's our dream, individually and collectively.....what is the one thing you can do today to honor your dream? Do it, today.....honor your dream!

Reunite with your dream -- of the future, for yourself, your community, the world. Add to your dream -- peace for all humanity. What's that feel like? What color would you paint your dream of Peace? Draw your dream of peace -- be patient, grab the crayons, the color pens, the watercolors -- express yourself.....

Journal Activity: Journal your thoughts....

Consider these Quotes on Dreaming:

It's not enough to have a dream, Unless you're willing to pursue it. It's not enough to know what's right, Unless you're strong enough to do it. It's not enough to learn the truth, Unless you also learn to live it. It's not enough to reach for love, Unless you care enough to give it Men who are resolved to find a way for themselves will always find opportunities enough; and if they do not find them, they will make them.

--Samuel Smiles

In dreams begins responsibility.

--William Butler Yeats (1865-1939) Irish Nobel Prize-winning poet

All people dream, but not equally. Those who dream by night in the dusty recesses of their mind, wake in the morning to find that it was vanity. But the dreamers of the day are dangerous people, for they dream their dreams with open eyes, and make them come true.

--T.E. Lawrence (AKA Lawrence of Arabia)

Dreams do not vanish, so long as people do not abandon them.

--Phantom F. Harlock

Sometimes dreams alter the course of an entire life. --Judith Duerk

Nonviolence is about speaking the whole complicated truth, the truth of our rage, the truth of our longing, the truth of our tears and our laughter, the truth of our smallest fears and our grandest dreams --Pam McAllister

People spend a lifetime searching for happiness; looking for peace. They chase idle dreams, addictions, religions, even other people, hoping to fill the emptiness that plagues them. The irony is the only place they ever needed to search was within.

--Ramona L. Anderson

When our memories outweigh our dreams, we have grown old. --William J. Clinton

To fulfill a dream, to be allowed to sweat over lonely labor, to be given a chance to create, is the meat and potatoes of life. The money is the gravy --Bette Davis

Never laugh at anyone's dreams. People who don't have dreams don't have much.

--Unknown



We grow great by dreams ... Some of us let these great dreams die, but others nourish and protect them; nurse them through bad days till they [flourish]; bring them to the sunshine and light, which comes always to those who sincerely hope that their dreams will come true.--Woodrow Wilson

If you talk to your children, you can help them to keep their lives together. If you talk to them skillfully, you can help them to build future dreams. --Jim Rohn

Trust in dreams, for in them is the hidden gate to eternity. --Kahlil Gibran

"Dream as if you'll live forever... live as if you'll die today." --James Dean

Whatever you can do or dream you can, begin it. Boldness has genius, power, and magic in it. Begin it now. -- Goethe, German Poet, Novelist

"The future belongs to those who believe in the beauty of their dreams." --Eleanor Roosevelt, American First Lady

Some men see things as they are and ask why. Others dream things that never were and ask why not. -- George Bernard Shaw, Irish Playwright and Critic
-- Bobby Kennedy

All men and women are born, live suffer and die; what distinguishes us one from another is our dreams, whether they be dreams about worldly or unworldly things, and what we do to make them come about... We do not choose to be born. We do not choose our parents. We do not choose our historical epoch, the country of our birth, or the immediate circumstances of our upbringing. We do not, most of us, choose to die; nor do we choose the time and conditions of our death. But within this realm of choicelessness, we do choose how we live. --Joseph Epstein

If you can dream it, you can do it. --Walt Disney

Dare to live the life you have dreamed for yourself. Go forward and make your dreams come true. --Ralph Waldo Emerson

For in that sleep of death, what dreams may come -Hamlet

Let your dream devour your life not your life devour your dream. --Unknown

Reach high, for stars lie hidden in your soul. Dream deep, for every dream precedes the goal. --Pamela Vaull Starr

Dreams are the touchstone of our character. --Henry David Thoreau

The dream follows the interpretation. --The Talmud

A dream that is not interpreted is like a letter that has not been opened.--The Talmud

Those who lose dreaming are lost. --Australian Aboriginal Proverb

Dreams pass into the reality of action. From the action stems the dream again; and this inter-dependence produces the highest form of living. --Anias Nin (1903-1977)

In your heart, keep one still secret spot where dreams may go and be sheltered so they may thrive and grow. -- Louise Driscoll

Go Confidently in the direction of your dreams. Live the life you've imagined.
--Henry David Thoreau



Every time history repeats itself, the price goes up. I have heard it said that the first ingredient of success the earliest spark in the dreaming youth -- is this: dream a great dream. --John A. Appleman

Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment. --Buddha

Your hopes, dreams and aspirations are legitimate. They are trying to take you airborne, above the clouds, above the storms, if you only let them. --William James

If one advances confidently in the direction of their dreams, and endeavors to lead a life which they have imagined, they will meet with a success unexpected in common hours. --Henry David Thoreau

Your vision will become clear only when you look into your heart... Who looks outside, dreams. Who looks inside, awakens.
--Carl Jung

Martin Luther King, Jr was awakened by his dream.....where are yours taking you.

I too have a dream.....Imagine...."Imagine a world that works for everyone.....where poverty, hunger, homelessness, disenfranchisement and war no longer prevail; where forgiveness, compassion, nonviolence, respect, appreciation of beauty, and the generous sharing of resources are the norm.".....

Peace be with you!

SNVOakland

visit our website www.snvoakland.org

PS - A question was asked, "how can we, as individuals, one person at a time make a difference in this large world?

ANSWER - by sharing our beliefs that we can live in PEACE - this can be done by forwarding this message to all in your email family - extending the invitation, allowing others to participate in the history of this event - carry the vision, carry the dream!