



## Day 59

Beloved Peacekeepers,

Today, our practice is the wholeness of community. Our principle/practice today is intervention. How can we intervene in our life, the lives of those we care about to assist in preventing non-violence, destruction of individuals, families, communities.....

### **Today's Principle, Today's Practice - INTERVENTION**

Alcohol and drug abuse are both a consequence and a cause of violence. Today have the courage to intervene in a caring way with someone who is using .....Through your honest and straightforward communication, encourage them to get educated, get help, get sober and free from drugs.

**Ask yourself:** What is an intervention? How does it "work"? When has someone intervened in your life to help you get back on track? Have you ever intervened on someone else's behalf? Were you successful? When is it important to speak up on another's behalf? We've heard of intervention for drugs and alcohol -- are there other forms of "abuse" that warrant intervention?

**Activity** - The most common interventions came from our parents setting house rules -- what were some of the "house rules" while you were growing up? Which have you carried forward into your home today? How do you think these guiding principles (house rules) intervene to keep those within the house from harm's way?

Set quietly and contemplate -- do you know someone who needs help? Are you willing to talk to them today and tell them the truth as you see it? Are you willing to talk about the situation with a "practitioner" or someone you trust? What does it mean to care enough to tell the truth? What stops people from intervening? Who is responsible for what?

**Journal Activity:** Journal your thoughts....today, use crayons or color pens - live differently and vibrantly!

### **Consider these Quotes on Intervention:**

But their intervention makes our acts to serve ever less merely the immediate claims of our instincts. - Albert Einstein

An "early intervention model" - <http://www.kidsturn.org/parents/earlyint.htm>

Intervention is a personal decision - one that is heartfelt; done in love; done with Divine guidance.....

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