



Day 57

Beloved Peacekeepers,
Today, our practice is the wholeness of community. We look through the lens of service.....

Today's Principle, Today's Practice - SERVICE

Dr. Martin Luther King Jr. said, "Everybody can be great, because anybody can serve. You only need a heart full of grace and a soul generated by love." Sign up to volunteer a minimum of two hours this month with an organization of your choice. Share your commitment with at least one person.

Ask yourself: What is the definition of service? How are you of service everyday to yourself, your family, your community? What community service activities have you participated in? How does service affect the person giving service? Who stands out that has been of service to you? Why is service an important principles of nonviolence?

Activity - To be of service is a blessing, In means we are needed rather than needy. Where can you be of service today? Choose one thing you can support in your community. Surprise someone with the gift of service.

Adopt a community service project - ummmm Season for Non-Violence?, work within your community to support this project through out the year.

Give from the heart.....

Journal Activity: Journal your thoughts....today, use crayons or color pens - live differently and vibrantly!

Consider this Quotes on Service:

Generosity is giving more than you can, and pride is taking less than you need. -Kahlil Gibran

The sole meaning of life is to serve humanity. -Leo Tolstoy

Only those who have learned the power of sincere and selfless contribution experience life's deepest joy: true fulfillment.. -Anthony Robbins

Great opportunities to help others seldom come, but small ones surround us daily. -Sally Koch

Service... Giving what you don't have to give. Giving when you don't need to give. Giving because you want to give. -Damien Hess

You can't live a perfect day without doing something for someone who will never be able to repay you. -John Wooden

All success consists in this: You are doing something for somebody - benefiting humanity - and the feeling of success comes from the consciousness of this. -Elbert Hubbard

The best way to find yourself is to lose yourself in the service of others - Ralph Waldo Emerson

He who wishes to secure the good of others, has already secured his own - Confucius

Ask not what your country can do for you, but what you can do for your country - John F. Kennedy

Service is what life is all about. Service is the rent we pay to be living. It is the very purpose of life and not something you do in your spare time - Marian Wright Edelman

An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity.....Everybody can be great.....because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love. - Martin Luther King, Jr.



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Serving humanity - be of service this day!

Blessings,

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