



Day 54

Beloved Peacekeepers,

Today, our practice is the wholeness of community. We look through the lens of giving..... many of us have been raised knowing "that it is better to give than receive, for it is in giving, that one receives".....today, is an opportunity to give - visit thehungersite.org, click and know that action feeds, then visit their storefront, shop, and feed others, or simply give away your smile to someone you pass on the street.....

Today's Principle, Today's Practice - GIVING

Practice generosity by sharing time, energy and material resources with those in need. Clean out your closet, bureau drawers, or garage. Are there things you aren't using that might be of value to someone else? Today give away what you are no longer using.....

Ask yourself: What does it mean to give of yourself? From what resources can you give that never run out? What can you give to promote nonviolence? What are you willing to give up in the name of peace (take the time to look from within, that allows you to walk more peacefully in the world)? What is the legacy that you would like to give the world? What action will you take to fulfill your legacy?

Activity - Give your time and energy to promote active involvement within your communities - raise money and donate a special bench, a mural or other permanent structure that reminds others of your commitment to nonviolence. Make thank you cards and banners to honor those who help bring 64 Ways into your life. Read *The Giving Tree* by Shel Silverstein, then plan a gift-away - do this with your family and friends - have everyone bring a gift to give to someone else. OR

Have a Native American giveaway ceremony (also referred to as a potlatch). All bring something from home, that has had special meaning to them and that they are ready to pass on. Everything is put anonymously in the center of the circle. Those in the circle, one by one, pick an item they are drawn to - then, go around the circle - everyone shows what they have chosen, the giver then reveals their identity and shares the significance that the item held.

Give from the heart.....

Journal Activity: Journal your thoughts....today, use crayons or color pens - live differently and vibrantly!

Consider this Quotes on Giving:

It is possible to give without loving, but it is impossible to love without giving - Richard Braundstein

Seek joy in what you give not in what you get - Source Unknown

Plant a kernel of wheat and you reap a pint; plant a pint and you reap a bushel. Always the law works to give you back more than you give. - Anthony Norvell

The fragrance always remains in the hand that gives the rose.- Heda Bejar

You give but little when you give of your possessions. It is when you give of yourself that you truly give - Gibran

Blessed are those who can give without remembering and take without forgetting. - Elizabeth Asquith Bibesco

It's not how much we give but how much love we put into giving. - Mother Teresa

It is every man's obligation to put back into the world at least the equivalent of what he takes out of it - Albert Einstein

No one has ever become poor by giving - Anne Frank

Think of giving not as a duty but as a privilege - John D Rockefeller Jr

I have found that among its other benefits, giving liberates the soul of the giver. - Maya Angelou



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Love has nothing to do with what you are expecting to get - only with what you are expecting to give - which is everything - Katherine Hepburn

We are here to add what we can to life, not get what we can from it - William Osler

Today is the day to give of yourself, to be the place where all the qualities of God are in harmony and in action. To demonstrate the Christ Consciousness - and be in the world non violently demonstrating acts of kindness and peace!

Blessings,

SNVOakland
www.snvoakland.org