



A Season for Non-Violence, Oakland

Beloved Peacekeepers,

The journey continues, deepening our personal practice, or as Gandhi said, turning the search light within.....today's word is "believing"

Jesus, Thoreau, Emerson, Tolstoy, Gandhi, Thurman, King all believed that non-violence was the Truth of God; the Face of God; or simply put - our Higher Self.

Today, we exam our individual beliefs.

Today's Principle, Today's Practice - **Believing**

Author Wayne Dyer writes about the impact that our beliefs have on our daily lives. Today believe that you have all the resources to move your life in the direction of peace. Be aware of simple, peaceful responses you received.

Ask yourself: What is a belief and how do beliefs affect our lives? How do beliefs affect the choices we make or don't make? Are your beliefs yours or the generations before (Parents, Grandparents) Do you believe Peace is possible in your life time? Do you believe in something outside, or within yourself.

Journal Activity: Journal your thoughts about beliefs.....Yes, I still believe in the magic of Santa's Cause.....cheerfulness, jolly old soul, the power of giving, the glitter in his eyes.....in the eyes of the children who still believe!

Consider these Quotes on Believing:

"It is important that students bring a certain ragamuffin, barefoot, irreverence to their studies; they are not here to worship what is known, but to question it."

-Jacob Chanowski

"No one has the right to destroy another persons belief by demanding empirical evidence." - Ann Landers

"One person with a belief is equal to a force of ninety-nine who have only interests."

- John Stuart Mill

"It is always easier to believe than to deny. Our minds are naturally affirmative."

-John Burroughs

"The practical effect of a belief is the real test of its soundness." - James A Froude

Nothing is so firmly believed as that which we least know. - Michel de Montaigne

"Man can believe the impossible, but can never believe the improbable." - Oscar Wilde

"We are born believing. A man bears beliefs, as a tree bears apples."

- Proverbs 29:18

"Believe that life is worth living, and your belief will help create the fact."

- William James

"The merit of originality is not novelty, it is sincerity. The believing man is the original man; he believes for himself, not for another." - Thomas Carlyle

"An idea is not responsible for the people who believe in it." Don Marquis

"Man makes holy what he believes, as he makes beautiful what he loves."

- Ernest Renan

"What you teach your own children is what you really believe in."

- Cathy Warner Weatherford



"In spite of everything I still believe that people are really good at heart. I simply can't build up my hopes on a foundation consisting of confusion, misery and death."

- Anne Frank

"Belief consists in accepting the affirmations of the soul; Unbelief, in denying them."

- Ralph Waldo Emerson

I believe in a world that works for everyone.....Tom T Hall sang it well...."and I believe in YOU"

Blessings,

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[visit our website http://snvoakland.org](http://snvoakland.org)

PS - A question was asked, "how can we, as individuals, one person at a time make a difference in this large world? ANSWER - by sharing our beliefs that we can live in PEACE - this can be done by forwarding this message to all in your email family - extending the invitation, allowing others to participate in the history of this event - carry the vision, carry the dream!