



Day 37

Beloved Peacekeepers,

Today's work/word is Graciousness. Its interesting as I looked for quotes on graciousness there were not as many as previous words - perhaps its because there are so many descriptions, so many feelings that come when we see/hear the word Graciousness - today, I wish you the graciousness you are - beaming forth for all to see.....

Today's Principle, Today's Practice - GRACIOUSNESS

When you are out driving today, be more courteous. Give others the right of way and stop and let pedestrians cross the street.....graciously cross before you...

Ask yourself: What is graciousness? How does it present itself? What acts of kindness would you consider to be gracious? (i.e., picking up something that another has dropped or helping an elder with too much to carry; holding a door open). What are some simple acts of graciousness that you have witnessed or experienced in the last few weeks?

Activity - Draw pictures based on simple and everyday acts of graciousness. Make a list of gracious acts received, given -- and the feelings brought forth when acting from graciousness.

Journal Activity: Journal your thoughts....today, use crayons or color pens - live differently and vibrantly!

Consider this Quotes on Graciousness:

Deliberate with caution, but act with decision; and yield with graciousness or oppose with firmness. - Charles Caleb Colton, Author 1780- 1832

Who like You, O God, forgiving iniquity and remitting transgression; Who has not maintained His wrath forever against the remnant of His own people, because He loves graciousness! *Micah 7:18*

Man who approaches nature aesthetically, doesn't see nature as it is, he just picks out one kind of impressions....feline movements are gracious, but the meaning of movements lies not in graciousness. Alex Matson, Finish Writer

.....there is nevertheless a certain respect, a general duty to humanity, not only to beasts that have life and sense, but even to trees and plants. We owe justice to men, and graciousness and benignity to other creatures....there is a certain commerce and mutual obligation betwixt them and us - Michel de Montaigne

I think we who work for justice and come face to face regularly with its negation are at risk of losing that which animates all healthy beings: the capacity to respond to the graciousness draping the world in colors vivid and electric, the warmth of the sun, a lover's touch. If we neglect to notice these, why attend to anything else?"

We did not know yet how life could be cruel and how compassion and graciousness may be important in coping with its cruelty - The Lesson of Indifference

<http://www.deltacollege.edu/org/deltawinds/DWOnline98/thelessonofindifference.html>

Jesus spread good cheer everywhere he went. He was full of grace and truth. His associates never ceased to wonder at the gracious words that proceeded out of his mouth. You can cultivate gracefulness, but graciousness is the aroma of friendliness which emanates from a love-saturated soul. *The Urantia Book, Page 1874 (171:7.1)*

Dearly beloved God, In whom I lay my trust, Please give me new life. Fill every cell of my being, transform each thought, cleanse every heartbeat, That I might be as You would have me be. Take away the darkness of my past. Fill me with Your blessing and graciousness. Allow me rebirth from the many deaths I have endured in this life.

Amen - Prayer for Myself, Marianne Williamson

Yes, fill me with the blessings of graciousness for all....

Blessings,
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