



Day 27

Beloved Peacekeepers,

Our topic today is generosity -- review the greatest gifts you've received or given -- reflect on what it was, how it felt, what was memorable. As I write, I'm mindful of the walks I had with my Grandfather, I could ask any question, and he always knew the answer -- it was time well spent -- time I miss -- yet, today give to the youth in my life -- walks, talks, discoveries, and the AWE of life.

Today's Principle, Today's Practice - GENEROSITY

Mother Teresa said, "There is a hidden poverty more pervasive than lack of money. It is the poverty of the heart." Find three ways to generously give of your time, attention and resources to others.

Ask yourself: How can you be generous when you have no money? What is true "generosity of the spirit"? When was the last time you experienced yourself being truly generous? Not including money, what was the most generous act or gift you ever received?

Activity - Make a list of all the toys you have outgrown, yes all the toys -- have a toy drive/sale and donate the funds collected to a local youth activity (Youth for Peace, Youth and Family Ministry or yes - SNVOakland). Make gift certificates for your family and friends -- gifts of time, talents, or helping with household chores -- baby-sitting, watering the plants, washing windows. Help an elderly neighbor - spend the afternoon with them

Journal Activity: Journal your thoughts....

Consider these Quotes on Generosity:

Generosity is another quality which, like patience, letting go, non-judging, and trust, provides a solid foundation for mindfulness practice. You might experiment with using the cultivation of generosity as a vehicle for deep self-observation and inquiry as well as an exercise in giving. A good place to start is with yourself. See if you can give yourself gifts that may be true blessings, such as self-acceptance, or some time each day with no purpose. Practice feeling deserving enough to accept these gifts without obligation-to simply receive from yourself, and from the universe. - Jon Kabat Zinn

Generosity is not giving me that which I need more than you do, but it is giving me that which you need more than I do. -Kahlil Gibran

The three signs of great men are -- generosity in the design, humanity in the execution, moderation in success. - Otto von Bismarck

All my experience of the world teaches me that in ninety-nine cases out of a hundred, the safe and just side of a question is the generous and merciful side. Anna Jameson

To generous souls every task is noble. Euripides

Generosity during life is a very different thing from generosity in the hour of death; one proceeds from genuine liberality and benevolence, the other from pride or fear. Horace Mann

The only gift is a portion of thyself. - Ralph Waldo Emerson

Giving frees us from the familiar territory of our own needs by opening our mind to the unexplained worlds occupied by the needs of others. - Barbara Bush

We make a living by what we get, but we make a life by what we give. - Winston Churchill

"Generosity gives assistance, rather than advice." -Vauvenargues

Giving people a little more than they expect is a good way to get back more than you'd expect - Robert Half

Be rather bountiful than expensive; do good with what thou hast, or it will do thee no good. - William Penn



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To be able to practice five things everywhere under heaven constitutes perfect virtue. They are gravity, generosity of soul, sincerity, earnestness and kindness. - Confucius

People are marvelous in their generosity, if they just know the cause is there. - Will Rogers

Real generosity towards the future lies in giving all to the present. - Albert Camus

What generous steps are you taking for the present.....

Blessings,

SNVOakland

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