



February 11, 2004

Beloved Peacekeepers,

Today, creativity – how do you express creativity in the world. What are your creative solutions for a World that Works for Everyone?

### **Today's Principle, Today's Practice – CREATIVITY**

The worst thing you can do to a human soul is to suppress its natural desire to create. Identify at least five ways in which you express your creativity everyday. Today, allow something unpredictable and joyous to express through you.

**Ask yourself:** How does creativity express through you (i.e. dance, poetry, cooking, art, etc.) ? What are some creative avenues you have not explored? What type of things enhances creativity? How does creativity contribute to a nonviolent culture?

### **Activities:**

Through you creativity – create a world of peace – perhaps its done as a poem, a story, a picture, a song, a dance, a collage.

**Journal Activity:** Journal your thoughts....

### **Consider these Quotes on Creativity:**

The thing that makes a creative person is to be creative and that is all there is to it. – Edward Albee

Whatever creativity is, it is in part a solution to a problem. – Brian Aldis

The creative person wants to be a know -it -all. He wants to know about all kinds of things: ancient history, nineteenth -century mathematics, current manufacturing techniques, flower arranging, and hog futures. Because he never knows when these ideas might come together to form a new idea. It may happen six minutes later or six months, or six years down the road. But he has faith that it will happen. – Carl Ally

The lash may force men to physical labor, it cannot force them to spiritual creativity. – Sholem Asch

Creativity involves breaking out of established patterns in order to look at things in a different way. – Edward De Bono

A hunch is creativity trying to tell you something. – Frank Capra

The legs are the wheels of creativity. – Albert Einstein

Most people die before they are fully born. Creativeness means to be born before one dies. – Erich Fromm

Our senses are indeed our doors and windows on this world, in a very real sense the key to the unlocking of meaning and the wellspring of creativity. – Jean Houston



## Day 13

The power in which we must have faith if we would be well, is the creative and curative power which exists in every living thing. – John Kellogg

The creative urge is the demon that will not accept anything second rate. – Agnes De Mille

It is wise to learn; it is God-like to create. – John Saxe

The things we fear most in organizations -- fluctuations, disturbances, imbalances -- are the primary sources of creativity. – Margaret J. Wheatley

Today, is the day to co-create with God – Peace, Love, Abundance and the Y of each of us.....PLAY!

Blessings,

Kathleen - SNVOakland